

STITCHES

4-wall line dance

Music: "Stitches" – Shawn Mendes

- 1, 2 Step R back, kick L slightly forward¹
3, 4 Step L back, kick R slightly forward¹
¹*styling: snap fingers during the kicks*
5, 6 Rock R back, recover onto L
7 Tap R toe next to L and bring R knee in
8 Tap R heel diagonally right and straighten R leg
- 9, 10 Cross R over L, point L to the left
11, 12 Point L diagonally right, step L to the left
(13)&14 (Hold), step R next to L, step L to the left
15, 16 Cross rock R over L, recover onto L
- 17, 18 Turn ¼ right and step R forward, scuff L forward
19, 20 Step L forward, pivot ½-turn right onto R
21, 22 Step L forward, sweep R from back to front
23, 24 Step R forward, sweep L from back to front
- 25, 26 Cross L over R, step R back
27, 28 Step L to the left, cross R over L
29, 30 Step L back, step R to the right²
²*feet shoulder width apart*
31, 32 Swivel heels left (toes right)³, return feet to center
³*weight on ball of L, heel of R*

RESTART (instrumental section):

Wall 9, count 17, facing front wall